



FOR IMMEDIATE RELEASE

March 23, 2010

Red Deer, Alberta, March 23, 2010 – Gamehost Income Fund (TSX: GH.UN)

GAMEHOST INCOME FUND ANNOUNCES REGULAR MONTHLY DISTRIBUTION

Gamehost Income Fund has declared a cash distribution for the month of March 2010 of \$0.0733 per unit. The distribution will be paid on April 23, 2010 to unit holders of record on April 06, 2010. The ex-distribution date is April 01, 2010.

Gamehost Income Fund is an unincorporated open-ended limited purpose trust established under the laws of the Province of Alberta. The Fund's activities are currently confined to the Province of Alberta, Canada. Operations of the Fund include the Boomtown Casino in Ft. McMurray, the Great Northern Casino, Service Plus Inns & Suites and a strip mall all located in Grande Prairie. The Fund is a 40% joint venture partner in Deerfoot Inn & Casino Inc. in Calgary.

The TSX does not accept responsibility for the adequacy or accuracy of this release.

Complete disclosure of the Fund can be found on SEDAR at www.sedar.com. Additional information on the Fund can be found on the Fund's website at www.gamehost.ca.

For more information, contact:

Craig M. Thomas or;
Darcy J. Will
P (403) 346-4545
F (403) 340-0683
E info@gamehost.ca